

Illness and Covid Protocols

My office has always been a safe space, and that has not changed.

NEW May 11, 2023 The CDC has declared the pandemic is over.

Here are the safety precautions I am taking in response to Covid-19 and general transition of illness.

- I have limited the available spots on the schedule, so that there is minimal traffic.
- The treatment table linens are changed at each appointment.
- The room is equipped with a True HEPA air filtration system, with a UV light. This system runs for at least an hour between each patient and on low during all visits. There are two windows for ventilation.

When you schedule an appointment, here's what you can expect:

- For your appointment, please self-monitor and if you are feeling unwell, or If you have symptoms you are asked to reschedule your appointment, cancellation fees will be waived.
- If you get a positive Covid test within 7 days of your visit, please inform me so I can test. I will inform you if there has been potential Covid exposure when visiting.

Arriving at the office:

- Please come up to the waiting room as usual. If you have any concerns about entering the building please text me when you arrive, and I will meet you downstairs and bring you directly to the room.
- Masks are optional. The CDC no longer requires masking. If you would like to mask, you may. I can also mask at your request. **New May 11, 2023**
- Payment is accepted in cash, check or PayPal and Venmo.

Know that this a sanctuary where you can relax and be safe.

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